About the Guidelines

The following guidelines have been issued by the WKF using the scientific knowledge available now (as for 28 September 2020), after review by the WKF Medical Committee, and WKF and Organizing Committees.

All sport and recreation resumption decisions must be based on State and Territory COVID-19 public health advice, and thus, these guidelines shall be applicable for the karate events as minimum requirements only after their approval by the pertinent local authorities.
PARTICIPANTS’ HEALTH

- Monitor your health and check for any symptom 14 days before the arrival
- Measure your oxygen saturation levels and take a temperature check and a Pre-Event Health test
- Fill in a Pre-Event Health Questionnaire
- At the registration, present a certificate to attest that you have not tested positive to PCR nasopharyngeal swab test. This test must be produced between 48 and 72 hours before the registration.

INDIVIDUAL RESPONSIBILITY

- Keep the distance!
- Frequent hand washing
Practise good etiquette!

**PARTICIPANTS’ CONDUCT**

- Take daily health screening (Temperature check and/or validated antigen test)
- Do not share equipment, in particular water bottles and cups

- **COVER MOUTH AND NOSE WHILE COUGHING AND SNEEZING**
- **STAY HOME IF YOU FEEL UNWELL!**
- **AVOID TOUCHING YOUR MOUTH, NOSE OR EYES**
- **AVOID SHAKING HANDS OR HUGGING**
If you feel ill, do not come to the venue, and notify the designated contact online or by telephone.

Athletes' Services:

- All coaches' briefings shall be conducted online, if technically feasible, for World Karate Federation events.

Weigh-in:

- Officials, volunteers, and athletes involved in the weigh-in shall wear certified masks. Social distancing shall be respected.

Warm-up Area:

- At least 9m² per athlete (and coach). Only one coach for each competitor will be allowed.

Competition:

- The LOC will provide all those accredited persons with transport from the official hotels to the competition venue. The total occupancy of the buses will be limited.

- The use of certified masks is compulsory for all those involved in the competition and on the FoP, except for the athletes.
Certified masks will be of compulsory use for all the medal presenters at the medals and awarding ceremonies.

**MEDICAL RECOMMENDATIONS TO ORGANISERS**

- Soap and water or hand sanitizers and tissues should be accessible in all common areas.
- Towels are for single use only and must be kept in your bag when not in use.
- Keep appropriate social distance and hand washing during any non-competition activity.
- Use of Certified masks and frequent hand washing, or sanitizing is recommended.

**USE OF CERTIFIED MASKS AND DISPOSABLE GLOVES**

*Certified masks of FFP2 type or equivalents (N95 (United States), KN95 (China), P2)

The LOC is responsible for providing Certified masks and rubber/disposable gloves to its volunteers and staff.